



When you can't be there with your home, parent, pet or neighbor...WECS can.

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What is Home Care?

Contact Information:

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More than 7.6 million Americans receive home care, according to the U.S. Census Bureau. The number is much greater when you consider that it does not include informal care which is care given by a friend or family member. Home care is generally defined as non-medical support services delivered at the home of the senior. The aim of home care is to allow seniors to remain at home longer rather than enter an assisted living community, nursing home or other type of senior care. Home care may be appropriate if a senior prefers to stay at home but needs minor assistance with activities of daily living.

Activities of daily living include bathing, dressing, and meal preparation but may also extend to assistance with transportation, paying bills, making appointments, and simply being there to provide companionship and emotional support. Home care services are generally available 24 hours a day, seven days a week and can be paid for directly by the client or through a variety of public and private funding sources. WECS is one of the home care assistance providers that is covered by many long-term care insurance policies.

<http://aplaceformom.com>

A smile --- inward and outward --- means facing with mildness and gentleness whatever befalls me.

- Genesis 1:28

WECS will assist you with all daily living activities in the comfort of your own home.

Services are provided one time or on a regular basis with no minimum requirement of hours.

All services are billed to the client every two weeks.

Pre-employment screening for all employees includes: background checks, drug screening, reference checks and employee orientation programs.

We are Licensed, Bonded, Insured.

Dementia...signs to watch for:

There was a time when people used to think that forgetfulness and confusion were a normal part of aging, something as inevitable as menopause or reading glasses. However, now that we know that most adults do not normally develop memory loss and should remain alert and able as they age, some new misconceptions have come to replace the old ones. Perhaps one of the most common of these misconceptions is the notion that having memory lapses automatically foreshadows the onset of Alzheimer's disease. But this is not the case. People become forgetful for any variety of reasons, and most of them don't have anything to do with Alzheimer's. Nutritional deficiencies, medications, sleep disorders, and emotional disorders like depression all can contribute to or cause memory loss, and these are usually reversible. On the other hand, some memory problems will indicate a far more serious condition, and can mean that the person suffering from it has dementia.

Dementia is a term that describes a constellation of symptoms, and does not specifically refer to a single disease. Rather, dementia is a neurological disorder arising from damage or disease in the brain. It can be caused by any number of diseases or conditions, the most common of which is Alzheimer's disease. Some of the more common symptoms of dementia include:

- *Short Term Memory Loss*
- *Aphasia (problems with language)*
- *Disorientation*
- *Delusion or an unwavering false belief*
- *Impaired planning and organizing ability*
- *Depression*
- *Weight Loss or Gain*
- *Behavioral Disorders*

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HAPPY FALL!



EASY PUMKIN PIE

A delicious pumpkin pie, spiced with ginger and cinnamon.

Ingredients:

1 1/4 cups pumpkin puree, canned or fresh
3/4 cup sugar
1/2 teaspoon salt
1/4 teaspoon ground ginger
1 teaspoon ground cinnamon
1 teaspoon all-purpose flour
2 eggs, lightly beaten
1 cup evaporated milk, undiluted

2 tablespoons water
1/2 teaspoon vanilla extract
1 unbaked pastry shell (9-inch)

Preparation:

Combine pumpkin, sugar, salt, spices, and flour in a medium mixing bowl. Add eggs; mix well. Add evaporated milk, water, and vanilla; mix well. Pour into pastry-lined pie pan. Bake at 400° for 15 minutes; reduce heat to 350° and bake about 35 minutes longer, or until center is set.



HOLIDAY DECORATING



Let WECS
Deck your halls
With boughs of holly!
We will pick up and
wrap presents for you
too!

662.620.8854

Holiday Decorating Services

*Inside or outside your home or business.
Affordable, lovely and relaxing for you.*

Available Watchful Eye Care Services:

Personal Caregiver
Transportation
Meal Preparation/Delivery
Housekeeping
Holiday Decorating
House Sitting
Pet Sitting
Maternal/Child Care
Respite Care
Post-Operative Care
Shopping/Errand Service
Laundry Pickup/Delivery
Yard Work
Home Maintenance
Gift Certificates Available